BIG WHITE Living

AUTUMN
2026



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Big White SKI RESORT
IT'S THE SNOW

SNOMAD SKI RESORT AWARDS 2025 WINNER

DISCOVER OUR ACTIVITIES



HORSE SLEIGH DINING TOURS



DOG SLED TOURS



FREE MOUNTAIN TOURS



HORSE SLEIGH RIDES



KELOWNA ROCKETS HOCKEY



E-BIKE TOURS



SNOWMOBILE TOURS



SNOWSHOE TOURS

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Chasing Powder by Shane Baxter, who has skied Big White since 1975. Meet him on page 19.

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Story ideas and photos welcome. For a printed copy each quarter, email us your mailing address.



Happy Valley Beginner Area is expanded with new terrain and new lifts, including the Polar Passage.

MAP: BIG WHITE SKI RESORT

WHAT'S NEW AT BIG WHITE

Room to Learn

Happy Valley's beginner area gets a $1-million upgrade: more teaching space, better terrain and a new covered lift.

Learning to ski at Big White just got a lot more comfortable. For the 2026/27 winter season, Happy Valley unveils a $1-million upgrade to its beginner learning area, part of the resort's summer capital improvement program.

The centrepiece is **Polar Passage**, a bubble-covered conveyor lift that carries new skiers and snowboarders back to the top of the learning area on a smooth, sheltered ride.

Expanded teaching space and terrain improvements are designed to ease traffic through a busy lesson zone, and the upgrades will let lessons start earlier in the season.

Three beginner lifts have new names: **Tiny Tracks**, **Frosty Flyer** and **Moose Mover**.

The investment comes from the Schumann family, who bought the resort in 1985, under third-generation CEO Peter Plimmer. Big White was named Best Ski Resort for Beginners at the 2025 Snomad Ski Resort Awards.

> **"The most advanced beginner learning area in Western Canada."**
>
> MICHAEL J. BALLINGALL, SENIOR VP, BIG WHITE SKI RESORT

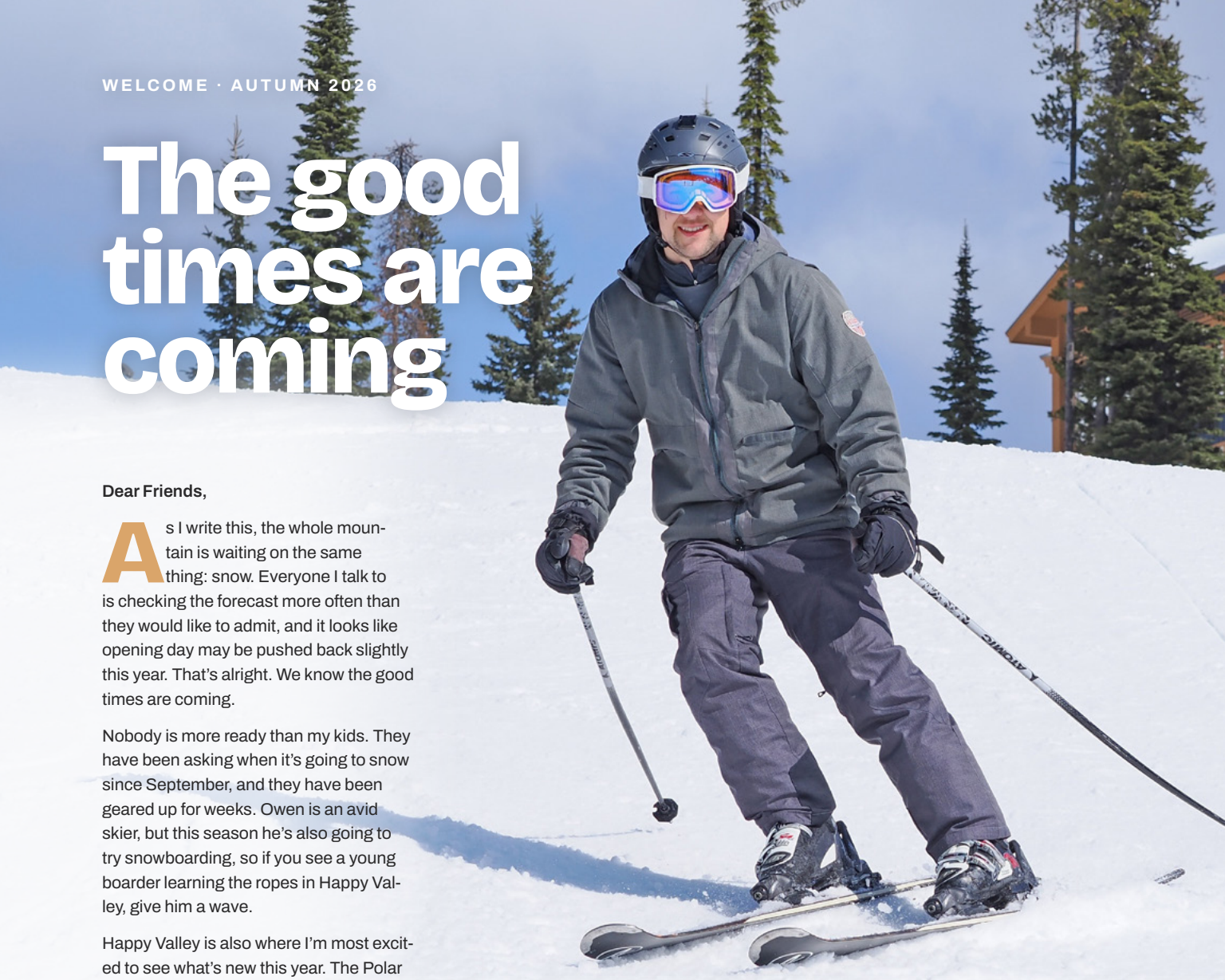


PHOTO: GAVIN CRAWFORD

GOOD TO KNOW

4–12	Ages served by the redeveloped Kids' Centre
Free	Kids 5 and under ski free
$29	Beginner Lift Ticket, ages 6+

The good times are coming



Dear Friends,

As I write this, the whole mountain is waiting on the same thing: snow. Everyone I talk to is checking the forecast more often than they would like to admit, and it looks like opening day may be pushed back slightly this year. That's alright. We know the good times are coming.

Nobody is more ready than my kids. They have been asking when it's going to snow since September, and they have been geared up for weeks. Owen is an avid skier, but this season he's also going to try snowboarding, so if you see a young boarder learning the ropes in Happy Valley, give him a wave.

Happy Valley is also where I'm most excited to see what's new this year. The Polar Passage and the expanded beginner terrain are going to be great for families. I believe everybody should introduce their children to skiing and snowboarding as young as possible, and this makes that first step easier than ever. You can read more on page 4.

On the real estate side, the market isn't making records, but its steadiness is evidence of Big White's continued pull. Ownership is a bigger decision than it was a decade ago, but for those who do take the leap, the memories they make always seem to be worth it. My full report starts on page 6.

I'm also really excited to share Reveal™, a new Big White map built for anyone searching for real estate on the mountain. Alongside it is the Ski Access Score™, which rates nearly every building on how easy it is to ski to the lifts and back. You can meet both on page 24. For existing owners, what's coming next may be even more exciting, including the Strata Health Score™ and Navigator, a new owner's portal and dashboard. More on those soon.

Thank you for being part of the Big White community. Here's to plenty of snow, an opening day worth the wait, and a season full of laps with the people you love.

Best regards,

Joshua Elliott
EDITOR-IN-CHIEF

The Condo Resurgence



+57%

CONDO SALES, Q3 VS Q2

Condo sales bounced back from a quiet second quarter, and adjusted for size, values held steady to modestly higher.

Market Intelligence from Q3 2026

Fewer sales, steady values. The quietest third quarter since 2013, yet once adjusted for size, values held steady to modestly higher.

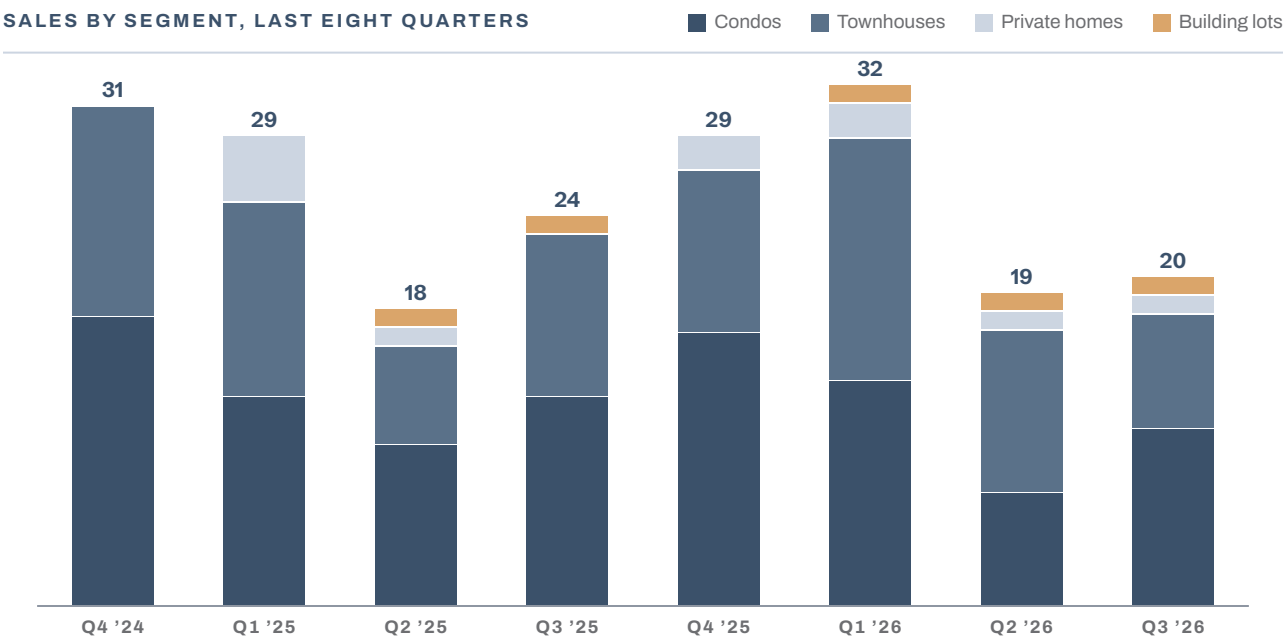
Big White recorded 20 property sales during the third quarter of 2026, the fewest third-quarter transactions since 2013 and about 17% fewer than the same period last year. The average sale price slipped 7.8% to CDN $617,928, and total dollar volume fell 23% to CDN $12,358,600, down from CDN $16,077,000. Year to date, however, the market has recorded 71 transactions, matching the total at this point in 2025.

At first glance, those figures suggest a market losing momentum. The underlying data tells a more nuanced story. Condo activity rebounded from an unusually quiet second quarter, with sales up 57%, while townhouses, the strongest segment through the first half of the year, cooled as marketing times lengthened sharply. The lower average price came mainly from the mix of properties selling, with more small residences and fewer large ones, rather than from broad price declines.

Purchasers and sellers kept putting deals together all summer, and by the time the quarter closed, attention on the mountain was already turning to the ski season. **Sales included 11 ski condos, 7 townhouses, 1 private ski home and 1 building lot.**

20	$617,928	–17%	71
Q3 SALES	AVERAGE PRICE	SALES VS Q3 2025	SALES YEAR TO DATE

SALES BY SEGMENT, LAST EIGHT QUARTERS



Source: Big White Real Estate database (Market Stats), MLS® data. Figures may vary with small sample sizes.

Market stats and insights

Ski condos

11 sales · down 15% on Q3 2025 · up 57% on Q2

$500,060	$532	169	67	18.3
AVERAGE PRICE	PER SQ FT, ADJUSTED	MEDIAN DAYS	ACTIVE LISTINGS	MONTHS OF SUPPLY

- **Sales rebounded.** 11 condos sold, up 57% from seven in a quiet Q2, though still the lowest third-quarter total since at least 2018.
- **Newer condos edged up.** Built after 2000, they sold for a median of about $590 per sq ft, up 4% to 5% from about $564 a year ago. One Stonebridge sale at $732 lifts the average, so with only four sales the median is the fairer measure.
- **Older condos softened.** On the same basis, older condos fell about 10%, from $483 to $435 per sq ft.
- **Negotiations stayed modest.** Condos sold about 6% (CDN $31,800) below original list price, wider than Q2's 4% but well inside last year's 10%.
- **Asking prices sit above sales.** Newer condos for sale ask about $662 per sq ft, roughly 12% above the $590 median of this quarter's newer-condo sales.
- **Supply is steady.** 26 condos came to market and only three of them sold. 67 are for sale, the same as a year ago.

LOWEST
$165,000 Whitefoot Lodge studio, 219 days

HIGHEST
$1,050,000 Stonebridge Lodge 3-bed, 86 days

FASTEST
9 days Stonegate Resort 2-bed, $667,500

Townhouses

7 sales · down 30% on Q3 2025

$721,129	$474	232	29	12.4
AVERAGE PRICE	PER SQ FT, ADJUSTED	MEDIAN DAYS	ACTIVE LISTINGS	MONTHS OF SUPPLY

- **A quieter quarter.** 7 townhouses sold, and condos outsold townhouses for the first time in 2026.
- **Values held.** Adjusted for size, townhouses averaged $474 per sq ft, about 3% above $462 a year ago.
- **Much longer to sell.** The median sale took 232 days, up from 30 days in Q2. None sold in under four months.
- **Price it right from day one.** Townhouses that sold within eight months gave up about 4% from list. Those on the market over a year gave up roughly 16%.
- **Asking prices sit above sales.** Listings ask about $581 per sq ft, roughly 23% above Q3 sales, or about 11% excluding small two-bedrooms.
- **Supply is fresh but thin.** 29 townhouses are for sale, up 7% on a year ago, and 38% were listed in the last three months.

LOWEST
$423,400 Whitetail 2-bed, 765 days

HIGHEST AND FASTEST
$1,295,000 Perfection Ridge 4-bed, 122 days

BUSIEST AREA
Happy Valley 4 of the 7 townhouse sales

Private homes

1 sale · $1,450,000

195 DAYS · 8% BELOW LIST · 5 FOR SALE

- **One sale.** A three-bedroom at Monashee Ridge, 1,745 sq ft, sold for $1,450,000 after 195 days, about 8% below its original list price.
- **Fresh choice.** Five homes are for sale, four of them new this quarter, priced from just under $900,000 to more than $9 million.
- **Limited competition.** For sellers of well-presented homes, scarce supply continues to work in their favour.

Building lots

1 sale · $360,000

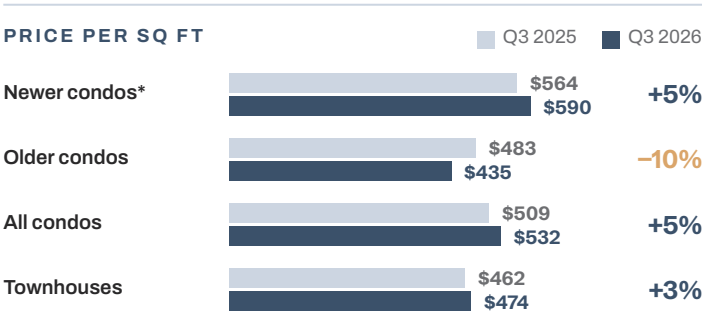
1,052 DAYS · 10% BELOW LIST · 11 FOR SALE

- **One sale, after a long wait.** Lot 10 on Snow Pines Way sold for $360,000 after almost three years on the market.
- **New supply arrived.** Five lots were listed, four in the new Black Forest neighbourhood at $389,000 to $599,000, and one at Monashee Ridge at $275,000.
- **Building is the hurdle.** Construction costs, land financing and two-to-three-year builds keep lots the slowest-moving part of the market.

Values, adjusted for size

The lower average price came from the mix of homes that sold, not falling values. Divide each sale by its size and condos and townhouses held steady to modestly higher.

*Newer condos show the median price per sq ft. With only four sales, one high sale skews the average. Other rows are averages.



Listings and supply

74	46	28	3
LISTINGS ACTIVATED	NEW TO MARKET	RELISTED	NEW LISTINGS SOLD

Supply picked up during the quarter. 74 listings were activated, 42% more than the 52 in Q2: 40 condos, 18 townhouses, 11 lots and 5 private homes. Of those, 46 were genuinely new to market, up about 18% on Q3 2025, while 28, about 38%, were relisted properties that had previously failed to sell. Only three of the 46 new listings sold before the quarter ended. More new sellers is a welcome sign of confidence, but additional supply has not yet translated into additional sales.

"Purchasers remain willing to pay fair market value, but they wait for properties that are competitively priced from the outset."

What does the future hold?

As the ski season arrives and we head into the final quarter of 2026, I'll be paying particular attention to three trends. First, whether sellers of newer condominiums, still asking about 12% above recent sales, price closer to the market as winter visitors return. Second, whether townhouse sellers adjust to a market where purchasers are no longer paying close to asking within weeks, and whether the long-running listings finally clear. Finally, how purchasers respond to the new lot supply in the Black Forest neighbourhood. Those trends will likely tell us far more about the direction of the Big White market than average sale prices alone.

NEW CONSTRUCTION

TOWNHOUSES

Cambia Creekside Residences, Black Forest
Sundance Resort, limited homes left

PRIVATE HOMES

The Glades at Big White, Black Forest
Black Forest, custom homes on Black Forest Way
Monashee Ridge, custom homes below Serwa's

What sold this quarter

TOWNHOUSE



Spyglass No. 1B

1B - 5075 Snowbird Way, Happy Valley. A bright, open-concept home with true ski-in/ski-out access, a full kitchen with a large island, a rock electric fireplace and a private deck with its own hot tub. Moments from the gondola, tube park and skating rink. Listed by REMAX Kelowna.

ASKING PRICE

$799,900

SOLD IN 189 DAYS

3 BED · 2 BATH · 1,339 SQ FT

READ THE FULL Q3 REPORT ONLINE

Every number, chart and the building-by-building detail behind these pages. Scan the code or visit BigWhiteLiving.com/q3-2026-report

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AWARD WINNING DESIGNER

OHA 2026 FINALIST

Full Circle

Paris Deyotte fell for Big White on a school snowboarding trip. Today she and her husband, Frank Sardone, live here year-round, and Paris has brought her career home to the mountain.

By Joshua Elliott

Paris Deyotte's story with Big White starts the way so many of ours do, with a first day on the snow. In the 1990s, a middle school program brought her up the mountain, and she quickly fell in love with snowboarding and the mountain lifestyle. She's been snowboarding since she was 12.

That first trip planted something that stuck. "I knew that someday I wanted to own a place of my own here and make the mountain a bigger part of my life," Paris says. What started as a childhood love of snowboarding grew into a dream of calling Big White home.

Someday arrived in 2019, when Paris and her husband, Francesco Sardone, who goes by Frank, moved up full time. Paris is a hairstylist and an esthetician in training who loves being creative, connecting with people and helping others feel confident in themselves. Frank works in the resort's Property Operations department, where he builds, renovates and improves the buildings around the resort. For Frank, the move was about love. "My wife, Paris, is from Kelowna and introduced me to this amazing place," he says. "I'm so grateful we get to share our love for the mountains and this great community."

"A childhood dream has become our everyday life."
PARIS DEYOTTE



Paris and Frank out for a snowy walk with their Boston terriers, Violet (brown) and Whiskey (black).

Two speeds of mountain life

Ask them what keeps them up here and the answer is simple: the year-round mountain lifestyle. Nature, peacefulness, the outdoors. Winter is the busy, energetic season, when the resort comes alive with skiers, snowboarders and visitors and there's always something happening around the village. "We love being able to step outside and enjoy the snow and mountain lifestyle right from our doorstep," Paris says.

Summer is a completely different pace. The mountain gets quieter and more laid-back, and they trade their snowboards for hiking, gardening and time outdoors. Paris won't pick a favourite season. "I appreciate and savour each season for what it is." The busy months and the quiet months balance each other out, she says, and you find yourself looking forward to each one.

Bringing her work home

For years there was one catch. Paris commuted down the mountain to Kelowna for work every day. "As much as I loved living here, balancing mountain life with a career in town wasn't always easy."

So she started thinking about how wonderful it would be to bring her career to the place she calls home. As Big White kept growing, she saw an opportunity to grow with it, and she took the leap. Today she runs a full-time, year-round hair salon in Stonebridge Building 3. Her specialties are dimensional colour, sun-kissed balayage, bright blondes, grey blending, and creative or vivid colour transformations, and her goal is to make every appointment feel personal, relaxed and welcoming.

She has bigger plans, too. Paris would love to grow the salon into a year-round beauty and wellness destination, a one-stop space where residents, seasonal workers and visitors can find hair services, facials, manicures and other spa-inspired treatments. "I'd love to help create a place where people don't have to travel down to Kelowna for their everyday beauty and self-care needs."

A mountain that keeps growing

Having known Big White since the 1990s, Paris has watched the resort and village grow, with more buildings, more amenities and services, and visitors from all over. Frank sees that growth up close. He started in Big White's carpentry department in April 2024 and has since worked on the Retail Row renovations and the VCM child centre. He's proudest of the new daycare that opened last winter. "There's no better feeling than seeing people enjoy something you helped build." They find it exciting, and they're honest that it brings more traffic and busier days, too. "We want future generations to experience that same magic that made us fall in love with Big White."

What they hope never changes is the community. "There's a real sense of community here, where neighbours become friends and people look out for one another."

Their advice for anyone thinking about making the move? Come with an open mind, plan ahead, and learn to love the quiet seasons as much as the busy winter months. Get involved, get to know your neighbours, and don't expect everything to be as convenient as living in town. "There's something pretty special about turning a place you once came to escape to into the place you get to live every day."

For Paris, it all leads back to that school trip in the 1990s. "In a way, I feel like I've come full circle, and a childhood dream has become our everyday life."



Paris in front of the Spa at Stonebridge.

QUICK Q&A

Ski or board?

Paris: Board, since she was 12. "I wish I picked up skiing."

Frank: Board, since 16. "I picked it up on a school trip and have been hooked for 28 years now!"

Favourite runs?

Paris: Easter Chutes, or Powder chair after a fresh dump of snow. "The feeling of gliding is like no other."

Frank: Easter Gully, for the natural halfpipe at the start. "I guess Paris and I have a thing for Easter."

Off the slopes?

Paris: Gardening and the outdoors in summer, travelling, friends and family.

Frank: Working with his hands, from carpentry to projects around the house.

Advice for newcomers?

"Come with an open mind, embrace the lifestyle, and be prepared for a little adventure."

Perfect spring day?

Frank: Easter Gully again. "A perfect spot to chill in the sun, have an alpine picnic, and enjoy the views with friends."

Best part of living here?

Paris: "The lifestyle and the sense of community that comes with it."

Frank: "It's nice being able to walk to work."

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FEATURE LISTING · SKI CONDO

The best of Big White at your doorstep

Stonebridge Lodge delivers a resort experience defined by ease, comfort, and a front-row seat to all that Big White has to offer. Located directly between the Easy Street and Woodpecker ski runs and just a short walk from the village centre, this updated 2-bedroom, 2-bathroom suite places you in one of the resort's most convenient positions, where every ski getaway feels effortless from first chair to evenings in the heart of the resort. Inside, the suite offers a warm alpine feel that invites you to settle in. Large windows draw in natural light and frame views of the ski run, while the open-concept living space is anchored by a granite fireplace with Douglas Fir mantle. Slate flooring, granite countertops, maple cabinetry, and 9-foot ceilings complete the lodge-inspired design, and wood and leather furnishings complement it. Step outside onto the private balcony to take in the mountain atmosphere from your own hot tub while skiers zoom past below. Resort amenities include an outdoor heated pool, fitness room, heated underground parking, ski lockers, and on-site dining at Sasquatch Sushi and 6 Degrees Bistro. The Spa at Stonebridge is just steps away, making it easy to book a massage or treatment without leaving the property. Explore the Big Picture Tour™ and make this Big White luxury condo yours today!

RE/MAX Kelowna

Stonebridge Lodge No. 306

306 – 5257 Big White Road

$719,900

BEDROOMS	2
BATHROOMS	2 full
INTERIOR	1,097 sq ft
HOT TUB	Private

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Call Joshua at 250-212-2732



SKI-IN/SKI-OUT CONDO

Stonegate Resort No. 101C

101C – 375 Raven Ridge Road

$639,900

BEDROOMS	2
BATHROOMS	2 full
INTERIOR	1,121 sq ft
BALCONY	210 sq ft
HOT TUB	Private
PARKING	Heated underground

Just under the Village Centre tunnel, this luxury 2-bedroom ski condo in Stonegate Resort will have you a quick stroll from shops, dining, and après hotspots. Located in Building C, this is a true ski-in/ski-out gem with step-out-the-door access to the Happy Valley Gondola and 3 chair lifts at the heart of Big White. Step outside and indulge in your very own private hot tub. Explore the Big Picture Tour™ and make this Big White luxury condo yours today! **RE/MAX Kelowna**

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PENTHOUSE SKI CONDO

The Raven No. 406

406 – 5030 Snowbird Way

$934,900

BEDROOMS	3 + den
BATHROOMS	3 full
INTERIOR	1,876 sq ft
BALCONY	429 sq ft
HOT TUB	Private
PARKING	4 vehicles, heated



Picture the morning: everyone spills into the foyer, where two benches and all the room a big family needs make gearing up easy. Coffee is poured in a spacious granite-topped kitchen built for a crowd, while the south-facing balcony looks out over the Monashee mountain range. That's life in Suite 406, a top-floor penthouse at The Raven with 2,300 square feet of indoor and outdoor living, all on one level. Explore the Big Picture Tour™ and make this Big White penthouse yours today! **RE/MAX Kelowna**

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SKI-IN/SKI-OUT TOWNHOME

Frosty Pines No. 5

5 – 7500 Porcupine Road

$1,294,900

BEDROOMS	5
BATHROOMS	3 full, 1 half
INTERIOR	2,158 sq ft
BALCONY	210 sq ft
PARKING	Private garage
TITLE	Freehold strata

Ski in. Ski out. Settle in. This 4-year-old, 5 bed, 3.5 bath townhome at Frosty Pines sits in Big White's Upper Village with ski-in access directly from the Highway 33 run via the Moguls ski access trail, an easy route for skiers of every age and ability. Heading out? The ski-out is a convenient 220m from your front door, connecting you to 6 lifts and all major base areas. Explore the Big Picture Tour™ and make this Big White townhome yours today!

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NEW HOME WITH LEGAL SUITE

The Glades

85 Creekside Trail

$996,500

plus GST

BEDROOMS	4, incl. studio suite
BATHROOMS	3 full
INTERIOR	1,870 sq ft
LOT	0.13 acres
GARAGE	Heated, single
TITLE	Fee simple, no strata



This brand new, fee simple duplex home is just off Black Forest Road, a short walk to the Black Forest Day Lodge and the future "second village." The main house offers 3 bedrooms and 2 bathrooms in 1,870 sq. ft. of bright, open living. A self-contained, legal studio suite with its own private entrance lets you use one space and rent the other, with no rental or ownership restrictions. Explore the Big Picture Tour™ and make this Big White ski home yours today!

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MOUNTAINFRONT BUILDING LOT

Feathertop Homesite 29

325 Feathertop Way

$375,900

LOT SIZE	0.107 acres
FRONTAGE	~59 ft
DEPTH	~80 ft
ALTITUDE	~5,836 ft
SERVICES	At lot line
TITLE	Bare land strata

A mountainfront homesite in Big White's preeminent community of Feathertop Estates. Ski down Millie's Mile, follow the ski access lane, and you're home right at your back door. Head back out: ski directly to the Gondola or Black Forest and Bullet chair lifts. At 0.107 acres and southeast-facing, this lot is sized for the kind of home Feathertop is known for: 4+ bedrooms across 3 storeys. Explore the Big Picture Tour™ and make this Big White homesite yours today!

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WINTER FEATURE

TOASTY's Toasted Marshmallow Latte

Our Toasted Marshmallow Latte brings the comfort of a toasted campfire marshmallow into your cup. Our bakers whipped up a perfect toasted marshmallow; it's a sweet, creamy treat with just the right amount of flavor.

The perfect excuse to warm up at Toasty between runs. This drink pairs well with one of our famous donuts, also made right here on the mountain!

RECIPE

1. **The syrup.** Each batch of our syrup begins with a tray of marshmallows, toasted by flame the same way you would at a campfire, until the surface darkens and caramelizes. They're then melted and folded into a simple blend of sugar, water, and vanilla.
2. **The latte.** Double shot of specialty espresso, our house-made toasted marshmallow syrup, and your choice of milk.



FEATURED ARTIST

Chasing Powder

Shane Baxter has skied Big White since he was five. Fifty years on, the Kelowna home designer is painting the mountain he loves.

By Joshua Elliott



Gondola, ink and watercolour, Shane Baxter.

> "Chasing Powder is what I dream about, it's what I chase. Really, this piece is about me and my passion."

FOLLOW SHANE

@baxter_urban_sketch

Scan to see more of his work on Instagram

Shane Baxter was five when he first skied Big White in 1975. His uncle would drop Shane and his sister on the bunny hill, ski with a friend, then come back partway through the day to take the kids up the big hill. That meant the old two-seat Ridge chair. "At the top, the ramp to get off was quite high and very steep," Shane says. "I remember being so scared to get off the chair."

The fear didn't last. Born in Kelowna in 1970, Shane still buys a Big White pass every year. His favourite spots are the Cliff and the Powder chair, "especially on a powder day, or anywhere the run is steep and the snow is deep." In the '80s, before the Cliff had a chair, he'd ski the run, tuck across the lake, take his skis off and ride the old Village chair and the T-bar back up to do it again. "I've been skiing the same runs with the same friends for 40-plus years. It never gets old."

He ski tours too. "If I can find a few resort turns, or a few hundred backcountry turns of untracked powder, I'm in the happiest place I can be," he says. That is the idea behind *Chasing Powder*, the painting on our cover.

Off the hill, Shane runs Baxter Design, a custom home design company, and has sketched homes for clients for more than 30 years. When he turned 50 in 2020, he set out to learn to paint. "Because I understand buildings and perspectives, adding watercolour to my architectural sketches was a natural fit." And with skiing such a big part of his life, he says, "I couldn't help but create ski-related sketches and paintings as well."

His style is urban sketching: pencil first, then ink, then watercolour. He paints on location whenever he can, because "the painting comes more alive and has more personality." He also paints commissions from photos, plus a whimsical series of imagined buildings called *Mind Creations*.

Shane has only recently begun selling prints of his work. Fifty years after that first scary ride up the Ridge chair, he is still chasing powder, and now he paints it too.



Handyman's Dream, from Shane's *Mind Creations* series of imagined buildings.



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Mountain-Ready

Getting your body ready for the season, and keeping it strong until closing day.

By Joshua Elliott · With Tiffany Gilmore, RMT

Every fall, the same ritual plays out across Big White. Skis get tuned, boots get fitted and goggles come down from the shelf. The body, which does the real work all winter, rarely gets the same attention.

Nobody knows the body quite like Tiffany Gilmore, RMT. After nearly eight years of clinical practice, she has moved to Big White full time to practise on the mountain, and her view of a ski season is simple: the work starts before the first run and carries on well past the last.



Tiffany Gilmore, RMT, now practises full time at Big White.

"While we often focus on preparing our equipment for the season, preparing and maintaining our bodies is just as important," says Tiffany.

Before the first chair

Skiing and snowboarding ask for strength, balance, coordination and endurance all at once. The quadriceps, hamstrings, glutes and core work continuously to keep you stable and in control, while the upper body absorbs movement and helps you stay balanced. Building that strength in the weeks before opening day, and arriving with good mobility, gives the body a head start.

> **"Your recovery matters just as much as your time on the mountain."**

On the hill

Many winter injuries happen in a fall, a sudden change of direction, or late in the day, when tired legs slow coordination and reaction time. A proper warm-up helps, and so does recognizing fatigue. The last run is often the one you didn't need.

"Although massage therapy cannot prevent every injury, it can be part of a broader approach to maintaining musculoskeletal health," says Tiffany.

After the last run

Soreness, stiffness and fatigue are part of a big day. Sleep, hydration, good food and rest do most of the recovery work, and registered massage therapy can complement them by easing muscle tension and soreness and restoring comfort and mobility.

"Massage therapy isn't just about relaxation," says Tiffany. A Registered Massage Therapist assesses and treats musculoskeletal concerns, from muscle tension to restricted mobility, using therapeutic massage, deeper tissue techniques and assisted range-of-motion work tailored to each person.

All season long

Whether you live here year-round, work the season or visit for a week, the goal is the same: to still feel good on closing day. For recurring discomfort, or when recovering from an injury, massage can also be part of a broader rehabilitation plan alongside exercise and other healthcare.

For Tiffany, who now treats clients in their own homes on the mountain, it all comes back to one idea: "Your recovery matters just as much as your time on the mountain."

TIFFANY'S

4 Habits

THAT MAKE A DIFFERENCE

1. **Warm up.** A few minutes of dynamic movement before the first run prepares muscles and joints for the day.
2. **Build strength.** Strong legs, hips and core support the balance and control every turn depends on.
3. **Know when to stop.** Fatigue slows reaction time. Take breaks, and know when to call it a day.
4. **Keep moving.** Regular mobility and stretching ease stiffness and protect your range of motion.

Revive Massage Therapy is Tiffany's mobile practice, bringing registered massage therapy to homes and accommodations across Big White.

Call or text 604-721-7889.



Blue plaid bedding and ski-animal pillows. Photos: Cobalt Design and Weninger Construction and Design.

HOME & DESIGN

Spruce It Up

Refresh your mountain home with decor that lasts past the holidays, then add a few festive touches.

By Joshua Elliott · With designer Pauline Weninger

Snow is falling and guests are arriving soon. Before the holiday rush begins, take a fresh look at your mountain home. Rather than spending the whole budget on Christmas decor that comes down in January, invest in lasting pieces, then layer in a few festive ones.

That's the advice of Pauline Weninger, owner of Cobalt Design and lead designer with her family's firm, Weninger Construction and Design. She has been designing at Big White for years and once ran a chalet rental management company, so she sees chalet design from every angle.

"A home is a home, but a mountain home at a ski resort is special," says Pauline, and its decor should say so. Bring in natural elements such as wood, leather, fur, ceramic, wicker and greenery, and build up layers of texture.

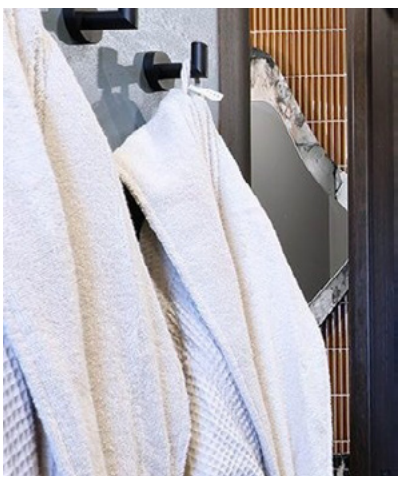
Give each room a job

Different spaces can do different things. The family room might be the party room, while the bunk room belongs to the kids. For them, add forest-animal art, snowflake pillows or bean bag chairs, brighten things up with plaid and prints, and add backrest pillows for movies and games in their own space.

For the adults, think spa. Set out slippers and robes, and fill a large wicker basket by the door with faux fur throws or fleece blankets for wrapping up around the fire table. A bar with great glassware makes for good times and fancy drinks.

Bring the walls to life

Bare walls are common, and art brings them to life: nostalgic ski posters, black-and-white retro ski photos, forest animals,



Robes on hooks, ready for guests.



Candles, pussy willow and pine cones down a woven runner.



Silverado Slim Christmas tree from Balsam Hill.

snowflakes, skiers in action or mountain scenes. Mix it up by printing on wood, metal and canvas. Digital art from online sources, printed and framed locally, keeps it affordable and custom, and local artists would love to supply pieces for your chalet.

"I always like to add some humour to the walls," says Pauline, "like a moose in a toque."

Ground the room

Area rugs define, ground and liven up a space, and they tie everything together. A red one lifts a room, a plaid one says cabin, and a splash of colour makes it fun. For rentals and pets, look for washable, stain-resistant rugs, or shop in person to touch and feel before you buy.

Make it work hard

Decor can be functional. Add colour to a well-equipped kitchen with red casserole dishes and bowls, or ski-themed mugs and platters. Set the mood at the table with candles, wooden accents, pussy willow, and skier-print paper napkins or linen.

With a full house, make sure everyone has a seat. Footstools and ottomans add comfy extra seating, and leather or fur cushions soften the hearth and bar stools. Occasional chairs in a bold colour, on swivels, and a rustic wood end table finish a room.

> **"Nothing says 'we're happy to have you here' better than a fantastic, comfortable place to sleep."**
>
> — PAULINE WENINGER

Rest easy

Fresh bedroom decor and linens brighten anyone's stay. "Cotton sateen is my favourite fabric," says Pauline, who layers covers in bright colours to make a bed cozy.

Then, the holiday touches

For a festive statement, Pauline has a clear favourite. "My favourite realistic faux Christmas tree is the Silverado Slim from Balsam Hill," she says. She chooses it pre-lit and selects forest-animal and Big White ornaments, then leaves the fun of decorating to the family.

Pair the tree with a pre-lit winter wreath to welcome guests as they arrive, and add garland on the hearth or railings. If you rent your place, guests will notice, too.

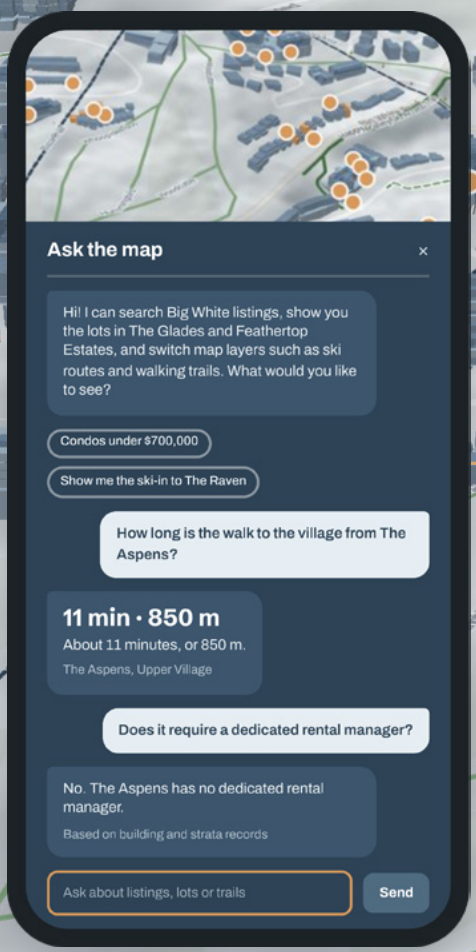
Keep to the theme of mountain living and bringing nature inside, and your home will feel inviting and wholesome, ready for years of memories.

GUEST-ROOM CHECKLIST

- Art and a full-length mirror
- A seat for pulling on ski socks
- A hook for a towel
- Good lighting and plug-ins for devices
- A tray of towels and amenities in the bathroom

Listings show you photos. Reveal™ shows you everything else.

Reveal™ is the new Big White map built for people buying on the mountain. Every home for sale, on the map, in 3D.



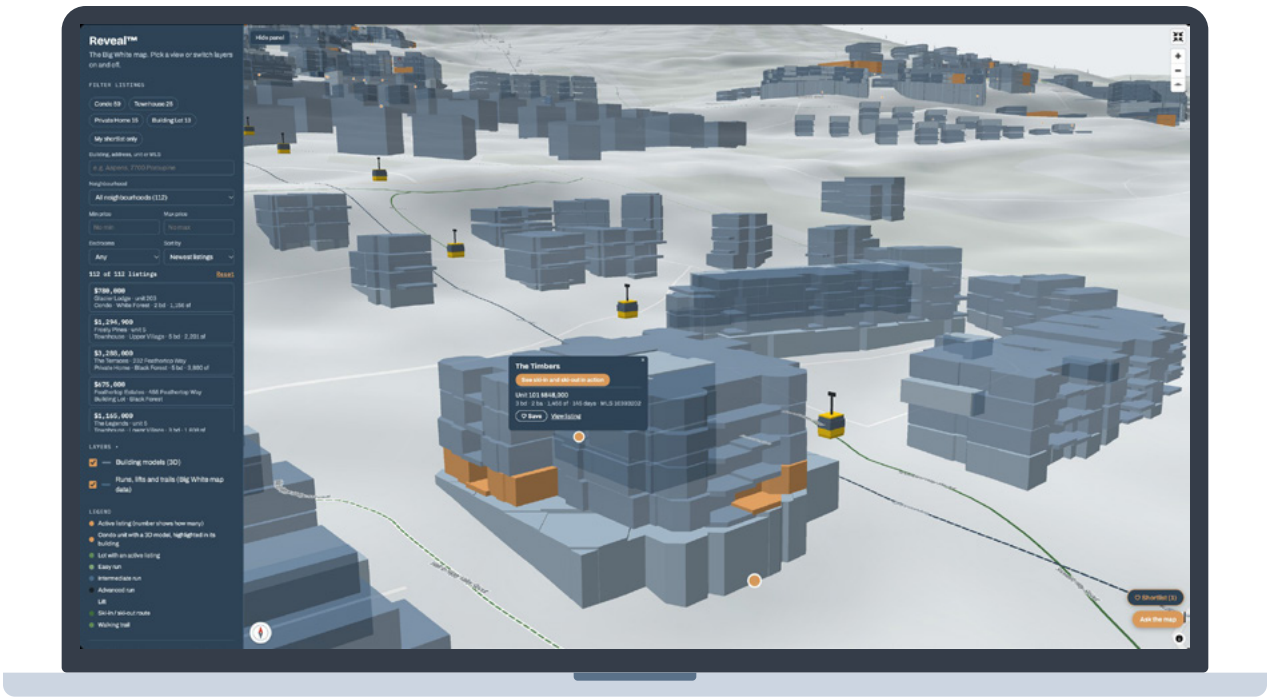
Every copper dot is a home for sale

JUST ASK THE MAP

Type what you want in plain English. Reveal™ filters the map, flies you there and answers questions about the building.

Lit up: the unit for sale

Ski out



Filter every listing in the side panel. Tap a building to see the unit lit up, save it to your shortlist or watch the ski-in and ski-out.

WHAT YOU'LL SEE ON THE MAP

Every home for sale
Every active listing, marked on its building or lot.

The unit, lit up
Condos in 3D, with the unit for sale highlighted in its building.

Ski-in, ski-out
A skier shows the route from the building to the lift, and back.

Lifts, runs and trails
Every lift and run, coloured by difficulty, plus walking trails.

Walk to the village
Real walking distance and time from the building.

Ski Access Score™
9.5

Rates each building out of 10 for skiing to the lifts and back. A 9.5 is true ski-in/ski-out.

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Open Reveal™ and explore

Scan the code with your phone camera, or type the address on your computer.

bigwhiteliving.com/reveal



Talk to Joshua Elliott
Big White's Data-Driven Real Estate Specialist, REMAX Kelowna

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SCAN TO OPEN

Reveal™ is a map tool created by Joshua Elliott, REMAX Kelowna. MLS®, REALTOR® and the associated logos are trademarks of the Canadian Real Estate Association. Ski routes and building models are illustrative.

From Shetland to Big White

Why the Fair Isle knit is the sweater of the season, and what makes it so warm.

By Joshua Elliott

Walk into any lodge at Big White this winter and count the sweaters: bands of tiny diamonds and zigzags, rings of snowflakes and little trees around the neck. Fair Isle tops this season's ski-trend lists, but the knit is anything but new.

From a very small island

Fair Isle is a speck of Shetland, off the north coast of Scotland, about three miles long and home to around sixty people. Its colourful patterns took off in the mid-1800s, first in the sheep's natural colours, later with reds and blues dyed from madder and indigo. The style went global in 1921, when the Prince of Wales, later Edward VIII, wore it in public.

Two colours, one tube

A true Fair Isle uses only two colours in any row. The colour not in use is carried along the back as a "float". Sweaters are knit in the round, and the armholes are knit straight across and then cut open, a nerve-wracking step called a "steek".

Why it's so warm

Two strands travelling together make a double layer of wool, and the floats trap a thin pocket of air, a little like a duvet. Shetland wool is fine and springy; Icelandic lopi is left unspun to hold even more air, and it keeps insulating when wet.

> "A patterned knit looks like a fire, a blanket and nowhere to be."

Fair Isle or not?

Both sweaters here are really yoke sweaters, with a ring of pattern around the neck. That style comes from the Icelandic lopapeysa, a 20th-century design. Since the 1990s, "Fair Isle" has become the catch-all name for both.

Why now?

Call it the cabin feeling, plus nostalgia, a return to natural materials and designers putting Shetland-style knits back on the runway. A Fair Isle works with jeans in the Village and under a shell on the hill. Air it between wears, wash it cool, dry it flat, and a good one will last for years.



Women's crew with a tree-motif yoke from Juniper Lane.



Men's lambswool Icelandic-style crew from House of Bruar.

Spot the difference

FIELD GUIDE

1 **Fair Isle (Shetland).** Bands of small motifs all over, two colours in any row.

2 **Icelandic yoke.** A wide ring of pattern around the neck, like both sweaters here.

3 **Norwegian (Selbu).** Eight-point stars and snowflakes, often black and white.



What's Happening Big White?

Opening Day

NOVEMBER 26

Lifts 9:15 AM – 4:00 PM. The wait is over! Wax your skis and boards: fresh runs, alpine views and that Big White atmosphere are back.



Welcome to Winter

NOVEMBER 28

5:00 – 7:05 PM. Kick off winter with family fun, great vibes and an evening in the Village Centre.

5:30 & 6:30 PM Live fire shows

7:00 PM Fireworks over the Big White sky



Big Reds at Big White

DECEMBER 4 & 5

December 4, 7:00 PM
December 5, 9:00 PM
Exceptional red wines from across the Okanagan and beyond, in Happy Valley.



Twinkling Trail Light Up

DECEMBER 12

5:00 & 6:45 PM. Thousands of sparkling lights, warm drinks and cozy fire pits as the trail comes to life in the Village.

Christmas Eve Festival

DECEMBER 24

4:30 – 7:05 PM. Live entertainment, family activities, sweet treats and festive cheer throughout the Village Centre.



Ski with Santa

DECEMBER 25

10:30 – 11:30 AM. Meet Santa in the Village Centre, ski a festive run together, then follow him to Santa's Workshop for hot chocolate.



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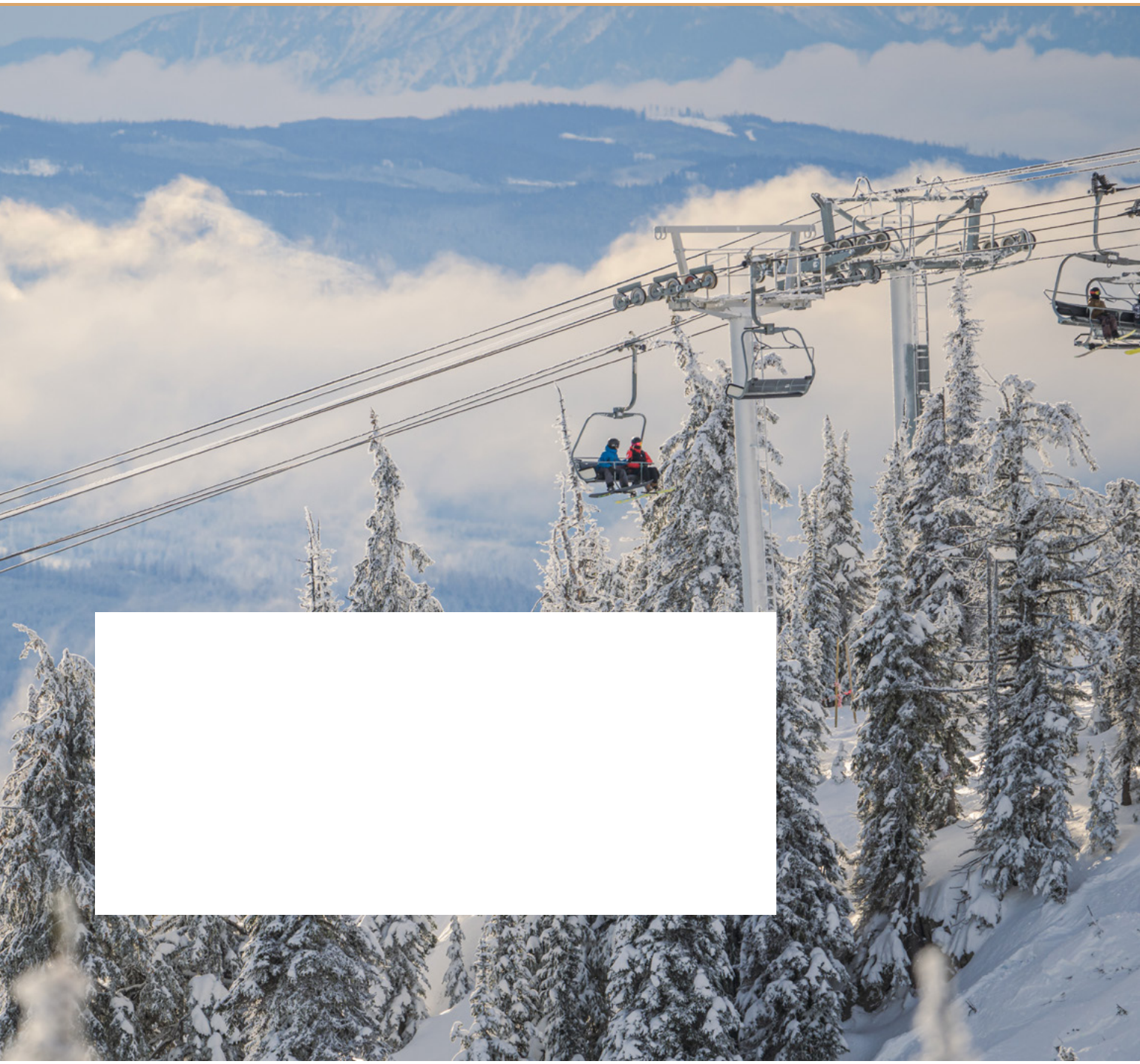

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